

Spring 2020 Hot Opportunities

If you would like to try something new and start volunteering, here are just a few of the current volunteering opportunities available in Derry City and Strabane District Council Area.



Locally focused

Caring

Supportive

Professional

over 30 years delivery



Volunteer Peer Advocates with the Onside Project, Disability Action (aged 18+) support people with physical, sensory, learning, mental health or hidden disabilities to improve their health and well-being through increased social and digital involvement in the community. This role involves supporting participants during digital training sessions, providing ongoing support including practical support, such as attending activities in the community, providing one to one support to enable people with disabilities to continue with their hobbies and interests or engage in new ones and sharing your own skills, hobbies and interests to shape opportunities for people with disabilities.



Maybe you have an interest in supporting people living with dementia? Have good empathy and an ability to build rapport? DEEDS would love to hear from you!

DEEDS workers, partners and volunteers enable people living with dementia to live better for longer within their own communities. The project delivers weekly activity groups, social groups, carers' education and respite as well as a programme of events and activities

Compassionate Communities at Foyle Hospice are looking for volunteers for a project aimed at reducing isolation across various areas within the city and district. Could you give 1-2 hours a week to offer support and friendship to someone who feels isolated and alone because of illness? It might be as simple as going for a cup of tea, enjoying a shared interest or a trip to the community centre. Full training will be provided and support offered throughout your volunteering



Reading Rooms is a shared reading programme using a mix of short literature and talking points to encourage conversation, build confidence and resilience and promote health and mental well-being among children, young people and adults. When you become a volunteer, you will receive a bespoke, three day, OCN Level 2 accredited course in Facilitation Skills for Shared Reading.

Currently need volunteers for: Children In Need Project (children & young people 8 to 18 years), Donegal Children's Project Beyond the Walls (vulnerable young people and adults who have come into contact with the criminal justice system), Reading Friends (adults and older people), Literature Team (Sourcing stories and admin duties) and within the Psychology Team (Admin duties)



R.E.A.C.H Across is a cross community youth organisation for young people in the North-West Region of Northern Ireland providing a structured programme of activities/events and training to promote confidence and skills-base.

Volunteer roles available:

Assistant Leader 18-20yrs

Leaders 21+yrs

SAMARITANS

Samaritans are currently recruiting for listening volunteers - Volunteer information sessions are held throughout the year at 16 Clarendon Street, (usually lasting 2 hours). The session is designed to give information about the role of a listening volunteer and requirements.

Would you like to gain experience supporting young people and adults with a learning disability?



Volunteer led weekly bowling club runs every Monday evening. Also opportunities during July & August at Foyle Parents & Friends summer scheme



There are many varied roles within the Community Rescue Service that you could get involved with..

Side Scan, Search Support, Drivers, Fundraisers

If you think you can devote some of your spare time and energy into helping your community we'd love to hear from you.

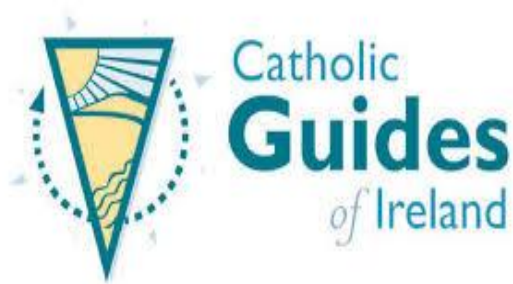


Victim Support NI

Witness & Community Service Volunteers provide emotional support and practical advice to victims of crime. Victim Support currently requires local volunteers in the North West area covering Derry City, Limavady and Strabane.

Witness Service volunteers are located within the courts providing support to victims and witnesses as their cases come to trial, accompanying them into court, advocating on their behalf and conducting pre-trial court visits.

Community Service volunteers meet with victims shortly after a crime has been committed and provide emotional support and advice to help them through this period.



The local branch of the Catholic Guides of Ireland provides an enriching and varied programme of activities and skills for young girls (age 7-16) on a weekly basis - Wednesday evening from 6.30pm to 8pm in Steelstown. They would love to welcome on board any ladies (age 18+) who would be interested in volunteering as group leaders. Lots of support and training provided including first aid and safeguarding.



Oak Counselling is a free counselling service for local people in Derry/Londonderry and has a charity shop in the heart of the city to support its work. They are actively recruiting volunteers to help in the shop. If you have an hour or two to spare, they'd love to hear from you. All proceeds go to Oak Counselling Services which provides free, accessible counselling to all 16+



Ever thought of becoming a Walk Leader? There are local volunteer-led groups all over the Western Trust area and training & insurance available to support

Walk leader training is scheduled throughout the year facilitated by Health Improvement, Equality & Inclusion Dept.

Aim of Course: To equip adults with the skills and knowledge to confidently lead health walks in their local community



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FREE TALKING NEWSPAPER

The Mourne Echo, Strabane and District's Talking Newspaper produces a free weekly recording of news for people who are blind or partially sighted. If you or someone you know could benefit from this service please contact us.

C/O Derry & Strabane District Council, 47, Derry Rd., STRABANE, BT82 8DY

The Mourne Echo, Strabane and District's Talking Newspaper, produces a free weekly recording of news for people who are blind or partially sighted. The recording at Greenfield Home takes about one and a half hours at 7-30pm on a Thursday. There are four volunteer reading teams, each reads once a month.

In addition to the news there's also a magazine produced by volunteers including articles and quizzes short stories or pieces from the Readers' Digest. If you feel that you can volunteer to read or to produce a magazine, please contact the volunteer centre to get involved with this great team.



Volunteer Counsellor roles with Childline Foyle

You'll be there for children and young people by offering them support on the phone, or through an online 1-2-1 chat. You'll be the caring person they can talk to about things like bullying, abuse, self-harm and family relationships.

- ❖ Initial training for 3.5 hours a week for 11 weeks
- ❖ A regular weekly shift of 4.25 hours,
- ❖ Ongoing support and training



Maiden City Soccer Volunteer roles -

- **Match day Volunteers**

Required to help set up. Taking gate receipts and assisting with supporters would be two main roles.

- **Volunteer Assistant Football Coach**

Opportunities exist at different age groups within the Academy structure.

- **Volunteer Graphic Designer / Marketing Assistant:**

To assist with the compilation & design of marketing flyers, new website and Club promotion.

VOLUNTEERING OPPORTUNITY

We require volunteer car drivers to help transport our rural clients to appointments and community activities.

Private message or contact our Strabane / Foyle office on 028 7188 3282 for further information!

volunteers are reimbursed 45 pence per mile - benefits or insurance are not affected



Easilink Community Transport registered charity No: NIC104914



If you would like to find out more about any of the opportunities or how to get involved in volunteering in your area, please contact the volunteer centre on

028 71 271 017 Derry/L'Derry or 028 71 381 800 Strabane

If your organisation would like to promote opportunities for volunteers,

please get in touch with the centre to register.

enquiries@volunteeringnorthwest.co.uk

www.volunteeringnorthwest.co.uk

