

## Autumn 2017 Hot Opportunities

If you would like to try something new and start volunteering, here are just a few of the current volunteering opportunities available in Derry City and Strabane District Council Area



Locally focused

Caring

Supportive

Professional

over 30 years



Volunteer mentors will be supporting young people from 8-21 years old who are from the looked-after and care population. The volunteer mentor will meet up with a young person for 1 - 1 ½ hours per week and provide emotional support, advice & guidance to assist the young people to address their barriers to progression.

Volunteer mentors will have regular contact and supervision with a designated member of the Extern Mentoring Support Programme Team. Each volunteer mentor will have the chance to attend ongoing training, events and the opportunity to attain an OCN volunteer qualification.

**Foyle  
Down  
Syndrome  
Trust**

*Volunteer Buddies required*

*Would you like to get involved with Foyle Down Syndrome Trust as part of their mentoring project?*

*Currently seeking volunteer buddies to accompany young people on social outings in the community.*

**AGE**  
*Concern*

*AGE Concern Derry are looking for a volunteer to support the delivery of their*

*Falls Prevention Programme*

*A physiotherapist will be leading the programme and will be supporting you in your volunteer role.*

*If you have an interest in physical activity as a health improvement intervention and working with older people we'd love to hear from you 😊*



"To promote and provide volunteering opportunities and activities in the North West of Ireland for the benefit of individuals"



COMPASSIONATE  
COMMUNITIES

GET INVOLVED. MAKE A LASTING DIFFERENCE.

Reading Rooms is a Verbal Arts Centre programme that uses reading aloud and shared reading to open up conversations that encourage the sharing of personal stories and ideas, and brings pleasure to everyone involved. Our Reading Rooms in Care Homes initiative is helping to create a society where care homes are a great place to live, work and visit, for residents, staff, family, friends and the local community.

We need YOU to get involved. Become a reader, join in the conversations and help residents to be a part of the community. We are looking for people who love reading and can read aloud and help a group start a conversation. Full training and ongoing support for all volunteers.

**Become a Compassionate Neighbour**

**Foyle Hospice in partnership with Caw/Nelson Drive Action Group, Hillcrest Trust and BHCP are looking for volunteers for a project aimed at reducing isolation across various areas within the city. Could you give 1-2 hours a week to offer support and friendship to someone who feels isolated and alone because of illness? It might be as simple as going for a cup of tea, enjoying a shared interest or a trip to the community centre. Full training will be provided and support offered throughout your volunteering role.**



**Foyle Foodbank has issued an urgent appeal for volunteers to help make sure that no one in our local community has to go hungry and are looking for people who could commit to working with the Foodbank for at least two hours per week.**

**You will make a real difference to the life of someone in crisis, collecting food from donation points, sorting food at depot, picking and packing parcels, providing support for people using the Foodbank, helping with deliveries and supporting events.**



ChildLine Foyle need Volunteer Counsellors to help listen to the vulnerable children and young people who contact them. Unfortunately they still can't speak to every child who gets in touch but maybe YOU could help?

All they need is someone like you who has the time to listen. Just one four hour shift per week can help so many children and young people.



Can you spare a couple of hours of your time to do something worthwhile?

Guide Dogs NI are looking for volunteer sighted guides, who help blind and partially-sighted people feel less isolated and become more involved in their local communities. You can support someone in a range of everyday activities: going for coffee, shopping or going for a walk.



#### **Activities Volunteer, Foyle Haven**

To encourage social interaction in Foyle Haven, a drop in day centre for street drinkers.

#### **Mealtime Volunteer**

This role is to support cooks with food preparation etc. from 11.30am each day

Strabane Community Project is interested in recruiting volunteers for the following areas: Food Bank, Allotment and Charity Shop; If you have a few hours that you could share to support these activities please get in touch. We would love to hear from you.





The following roles are available within Inspire Mental Health and Learning Disability services:

- Support Volunteer
- Group Facilitator
- Gardening
- Befriender
- Holistic Therapy
- Advocacy
- Campaign champions

**The Jigsaw Project supports children & young people with autism and their families and carers. With a wide range of activities on offer, the Jigsaw Project is looking to add to its team of support volunteers. Could you spare a few hours per week and get involved?**



EUROPEAN CAPITAL  
OF CULTURE

Could you be a 'Culture Spinner'? Derry & Strabane District Council in a joint collaboration with Belfast Council are recruiting Culture Spinners to support the bid in becoming the European Capital of Culture 2023.

This exciting opportunity will involve meeting and greeting visitors at a range of events, mingling with visitors to start conversations about culture and collect responses using a range of different approaches depending on the setting. Ideally you will have customer service experience, ability to interact with visitors, good communication skills and the willingness to volunteer in variable weather conditions!

TinyLife is committed to providing a range of support services that meet the growing needs of families of premature and ill babies in Northern Ireland and is recruiting volunteers:

- Family Support Volunteer
- Fundraiser Volunteer
- Administration Volunteer
- Newsletter Volunteer
- Public Awareness Volunteer





Local fundraising supports the delivery of universal services as well as the services provided locally. It also helps to fund research into care for today, a cure for tomorrow, as well as campaigning work. There are opportunities for volunteers to be involved as part of an existing group, or to provide individual support for organised events in Foyle and Strabane.

#### **Join a regional Fundraising Group**

Working with the local Community Fundraiser, you will attend meetings with other core members, research, contribute ideas, promote and attend events. This could be a couple of hours per month for planning meetings plus attending events.

#### **Become an Events Fundraiser**

The role will be based at fundraising events - the times, dates and locations of which will vary. Example of fundraising events include: collections, Memory Walks, community events, corporate events and special events. Example tasks could include route marshal, manning the information stall, bucket collection, setting up and packing down at events, or assisting at corporate events.

#### **Legacy Giving Support Role -Strabane**

The Legacy Giving Team provides the information and means for those wishing to leave a gift in their Will or donate in memory of a loved one. You will volunteer closely with the local Legacy Giving Officer (LGO), who will make sure that you have the required information and training to enable you to carry out a range of activities - which may include distributing leaflets, arranging appointments, maintaining relationships, and keeping records.

If you would like to find out more about any of the opportunities in this edition, please contact the volunteer centre:

[enquiries@volunteeringnorthwest.co.uk](mailto:enquiries@volunteeringnorthwest.co.uk)

[www.volunteeringnorthwest.co.uk](http://www.volunteeringnorthwest.co.uk)

Derry/Londonderry 02871 271017/ Strabane 02871381800