Autumn 2019 Hot Opportunities

If you would like to try something new and start volunteering, here are just a few of the current volunteering opportunities available in Derry City and Strabane District Council Area.



Locally focused

Caring

Supportive

Professional

over 30 years delivery



Reading Rooms is a shared reading programme to encourage conversation, build confidence and resilience among children, young people and adults. When you become a volunteer, you will receive a bespoke, three day, OCN Level 2 accredited course in Facilitation Skills for Shared Reading.

Currently need volunteers for: Children In Need Project (children & young people 8 to 18 years), Donegal Children's Project (children & young people 10 to 18 years), Beyond the Walls (vulnerable young people and adults who have came into contact with the criminal justice system), Reading Friends (adults and older people), Literature Team (Sourcing stories and admin duties), Psychology Team (Admin duties)



Would you like to make a difference to the life of an older person in the Strabane area? Option to volunteer with the phone line befriending service or home befriending. We'd love to hear from you!



has a large number of projects and programmes running all year round and is keen to recruit volunteers for:

Men's Workshop, Gardening, Over 50's Dinner club, Good Morning North West, Community Clean ups, Event volunteering, Admin volunteers & leaflet delivery.

RNIB Northern Ireland

Great variety of volunteer roles including tandem cycling!!

The growing Connect Community at RNIB brings together blind and partially sighted people, alongside others who want to help.

They have many different opportunities for your talents and interests. You can help organise or provide general assistance at activities and events, gather information, write news features or tandem cycle ©

Has your loved one recovered from an eating disorder?



Could you spare 30 minutes a week?

Train with Beat, the UK's eating disorder charity, to become a peer coach, and help someone else whose loved one is suffering through Echo, a confidential telephone-based service.

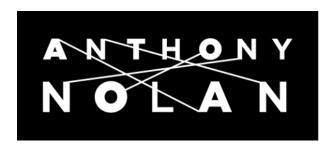
Visit beateatingdisorders.org.uk/echo to learn more.



Maybe you have an interest in supporting people living with dementia? Have good empathy and an ability to build rapport? DEEDS would love to hear from you!

DEEDS workers, partners and volunteers enable people living with dementia to live better for longer within their own communities. The project delivers weekly activity groups, social groups, carers' education and respite as well as a programme of events and activities





saving the lives of people with blood cancer

Your support is needed on event days to set up waiting area, welcome potential donors, hand out forms, answer basic questions and be on standby. You also have the option to be trained to deliver talks in schools in your local area.





Volunteering Opportunities with Zest

Are you interested in volunteering and have a few hours to spare?

Then Zest healing the hurt of Self-harm and Suicide would be delighted to hear from you.

Volunteering within a charity has so many rewards, not only to the charity but for personal growth and confidence.

Time slots are 9am - 1pm or 2pm -5pm

Foyle Stroke Support group are recruiting volunteers to support weekly group, Tuesdays 10.00 – 12.00. Role involves supporting group leader and people to take part in activities, set up and clear away, meeting and greeting group members

Strabane Communication Plus Programme

Wednesdays to assist Speech & language Therapist to support stroke survivors with communication difficulty



The Playtrail is a unique outdoor play & educational resource and have a variety of volunteer opportunities - Assist with family days & events such as Messy Play for 0-4 years, Family Forest Schools programme for 0 – 11 years, Muddy Boots Eco Club 5-7 and 8 – 11 years, gardening, site maintenance – woodwork, fixing gates, painting wood etc or help care for the chicken livestock!

Regional fundraising is at the very centre of how vital funds are raised at a local level to fund the delivery of universal services as well as the services provided locally. It also helps to fund research into care for today, a cure for tomorrow, as well as campaigning work.

Opportunities for volunteers to be involved as part of an existing group or to provide support for organised events in Foyle and Strabane.





Thinking about a career in retail or maybe recently retired with spare time on your hands? Oxfam and Cancer Focus are both actively recruiting volunteers for local stores.



Going Places. Going Strong.

Volunteer Stylist

Volunteers will receive training by M&S staff to become a personal stylist. Volunteers will then have the opportunity to engage with women who are interested in getting an outfit of clothing to wear to a job interview.

Stock Management

As clothing donations come in, volunteers have the opportunity to sort the clothing into sizes and record a list of clothing inventory. They will also be able to help with getting clothing ready to go out when a mobile service is required.

Marketing & Administration

Marketing and promoting the programme could involve setting up stands at local job fairs, and other relevant locations. This will include giving information to women regarding the programme and taking enquiries. Other administrative duties to include taking bookings for suiting and interview skills training,



St John Ambulance is recruiting volunteers who are willing to train and progress to become first aiders initially, progressing to become ambulance personnel. Following training and passing assessments they will be able to attend concert, sporting activities etc. in the Western area and beyond. Volunteers have to be willing to offer a minimum of 60 hours per year to duties and training.

By joining the team at Cats Protection, you can make a real difference to the lives of cats, kittens and people in your community and do something really worthwhile. Hands on roles including cat care, fostering and welfare.





Collection Can Volunteers – raising vital awareness and funds in local area by placing and maintaining static collection cans

Fundraising Event Volunteers – help deliver a variety of fun and memorable events such as corporate fundraising events, car boot sales, music nights & sporting events



Art Arcadia are an artist run social enterprise providing artists from all disciplines with time, space and resources to develop through dedicated artist residencies. Art Arcadia is looking for volunteers to help during their exhibition launch events at St Augustine's Old Schoolhouse, and they are looking for individuals to help with welcoming the public and providing general assistance.











If you would like to find out more about any of the opportunities or how to get involved in volunteering in your area, please contact the volunteer centre on 028 71 271 017

If your organisation would like to promote opportunities for volunteers, please get in touch with the centre to register.

enquiries@volunteeringnorthwest.co.uk

www.volunteeringnorthwest.co.uk

Derry/Londonderry 02871 271017/ Strabane 02871381800