



## Age Friendly Autumn 2020



Victim Support NI: Under 18's Community Service Volunteer

As a Community Service Volunteer you will be serving a brand-new support programme.

Led by a staff Co-ordinator the role will involve meeting with children and young people often accompanied by a parent. Much of this may happen on the telephone but face to face support would be offered through local offices and hubs. Launching in late September this is an exciting and much needed new service.

Training provided.



**Exciting new volunteer opportunities launching with the Camus Church project!**

Alongside the extensive restoration work the Camus Church Project are interested in recruiting volunteers to collect and curate the history and heritage of the church.



#volunteerderrystrabane



Are you are interested  
in becoming a volunteer for Guide Dogs?  
Now in your local area Guide Dogs are  
recruiting for the following roles:

Fundraising Group, Secretaries , Treasurer,  
Collection Box Co-ordinators

Foyle  
Down  
Syndrome  
Trust

Do you want to gain  
experience supporting children and young  
people with Down Syndrome?  
Can you spare a few  
hours a week?  
We'd love to hear from you.

Customer service, retail skills, team work.....  
Twice But Nice,  
your local charity shop is recruiting volunteers

...or you might be interested in The Pantry Project,  
recruiting volunteers to help in this local food bank.

To find out how you can get involved email:  
enquiries@volunteeringnorthwest.co.uk or private  
message our Facebook page.



[www.volunteeringnorthwest.co.uk](http://www.volunteeringnorthwest.co.uk)



COMPASSIONATE  
COMMUNITIES

Could you give 1-2 hours a week to offer support and friendship to someone who feels isolated and alone because of illness? REACH OUT Befriending Scheme means that trained volunteers (Compassionate Neighbours) are able to provide weekly contact to people who have become isolated as a result of illness.



Volunteer Counsellor roles with Childline Foyle - you'll be there for children and young people by offering them support on the phone, or through an online 1-2-1 chat. You'll be the caring person they can talk to about things like bullying, abuse, self-harm and family relationships.

Initial training for 3.5 hours a week for 11 weeks

A regular weekly shift of 4.25 hours

Ongoing support and training



Volunteer Peer Advocates with the Onside Project, Disability Action (aged 18+) support people with physical, sensory, learning, mental health or hidden disabilities to improve their health and well-being through increased social and digital involvement in the community. This role involves supporting participants during digital training sessions, providing ongoing support including practical support, such as attending activities in the community, providing one to one support to enable people with disabilities to continue with their hobbies and interests or engage in new ones and sharing your own skills, hobbies and interests to shape opportunities for people with disabilities.



Volunteering with Verbal as part of their Reading Rooms Programme is more than just reading. Reading Rooms is shared reading programme that uses a mix of short literature and talking points to encourage conversation, build confidence and resilience and promote health and mental well-being.

Sported is a UK wide charity promoting fairness and equity for young people through grassroots sport and physical activity. Share your professional skills and support local community groups - particularly looking for people with fundraising and/or business planning experience





Age Concern Older People NW are looking for meals on wheels drivers and gardeners. If you have a few hours that you could share to help older people, please get in touch

Oxfam are recruiting Volunteer Team Leaders and assistants for their local charity shop situated in the Diamond, City Centre. The team leader role will involve volunteer management duties.



Oxfam



Foyle Foodbank are interested in recruiting volunteers for the following:

- Delivery drivers
- Volunteer front line team leaders
- Social media volunteers





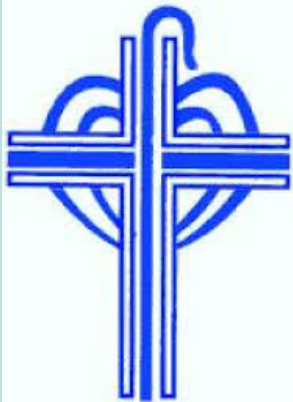
# QUEEN'S UNIVERSITY BELFAST

A PUBLIC HEALTH RESEARCHER AT QUEEN'S UNIVERSITY BELFAST IS CARRYING OUT A DIETARY STUDY AND LOOKING FOR VOLUNTEERS TO PARTICIPATE.

VOLUNTEERS WILL BE ABLE TO TAKE PART IN THIS RESEARCH FROM HOME WITH NO-FACE-TO-FACE CONTACT INVOLVED IN LIGHT OF THE CURRENT COVID-19 RELATED RESTRICTIONS.

VOLUNTEERS MUST LIVE IN NI AND BE AGED 45 YEARS AND OVER AND BE EITHER OVERWEIGHT, SMOKE, HAVE HIGH BLOOD PRESSURE AND/OR HIGH CHOLESTEROL.

PARTICIPANTS WILL BE REQUIRED TO COMPLETE SOME ONLINE AND POSTAL DIETARY AND HEALTH QUESTIONNAIRES ON 2 OCCASIONS, THREE MONTHS APART. AT THE END OF THE STUDY SOME DIETARY FEEDBACK CAN BE GIVEN IF DESIRED.. ANYONE WHO MIGHT BE INTERESTED IN TAKING PART CAN MAKE CONTACT VIA EMAIL: SARAH.BRENNAN@QUB.AC.UK FOR MORE INFORMATION.



**Good Shepherd Sisters, Waterside are interested in recruiting volunteers to help with grounds maintenance and DIY tasks. If you enjoy gardening or a bit of handy work and would like to share a few hours of your time please get in touch**

**Volunteers needed to help out in new cafe and charity shop to support this great local service**





## Bogsides & Brandywell Health Forum An Fóram Sláinte

Do you have a few hours to spare a week? Would you like to join the fantastic team of volunteers at your local hospice? Meet new friends? Learn new skills? Foyle Hospice are currently looking for Volunteer Shop Assistants across the following areas:

Waterloo Place Shop  
Strabane Shop

**Foyle Hospice**  
*Together we care*

Bogsides and Brandywell Health Forum are recruiting Volunteer Health Facilitators to support staff on a number of duties.

Key activities to include:

- Provide support telephone calls to participants
- Co-ordinate health and wellbeing programmes/services
- Carry out basic administrative duties

**If you are based in the Derry City and Strabane District Council Area and would like us to share your opportunities for volunteers to get involved we would love to hear from you  
contact: [enquiries@volunteeringnorthwest.co.uk](mailto:enquiries@volunteeringnorthwest.co.uk)  
Tel 02871271017**

